



THANK YOU! Your Donation Makes a Difference to Individuals With Developmental Disabilities.

Getting Out of the Basement Mentality.

Marilyn says that "Basement Mentality" is when people don't want you to grow in the world. You want to get out of the Basement by going one step higher, but some people just want to keep you there in the comfort zone. You are only allowed to be on the one level where they can protect you... and no higher. The Basement wasn't for Marilyn, she has always wanted to get out and go higher, to live on her own and to have an independent life. Today, Marilyn is an author, educator, organizer, trainer, public speaker, TV host, but most of all she is an advocate who speaks earnestly on behalf of the rights of people with developmental disabilities. She is also a home owner and is proud to live "the American Dream." Marilyn pulls no punches when it comes to being honest and open about the prejudice and misconceptions there are about developmental disabilities. Marilyn has written and shared a powerful letter with over 400 public officials. Check out Marilyn's web-site www.advogrrlmeetsworld.com.



The Arc of New Mexico's mission is to improve the quality of life for individuals with developmental disabilities of all ages by advocating for equal opportunities and choices in where and how they learn, live, work, play and socialize. The Arc of New Mexico promotes self-determination, healthy families, effective community support systems and partnerships. For more information about The Arc of New Mexico please call us at 505-883-4630 or visit www.arcnm.org.

To Schedule a FREE Donation Pick-Up, Please Call: 505-765-1975

Thank You!

We service your neighborhood regularly, so please watch for our cards in your mailbox. We appreciate your generous support!

This is to acknowledge receipt of your donation. Please insert the fair market value in accordance with IRS regulations and keep this receipt for your records. The Arc of New Mexico did not give the donor any goods or services in return for this contribution.

Date: _____ \$ Value: _____

Executive Director, Randy Costales
The Arc of New Mexico
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Albuquerque, New Mexico, 87110
www.arcnm.org

Since 1975 all items donated to The Arc of New Mexico have been sold to Thrift Town, a local for-profit thrift store. Thrift Town purchases its merchandise exclusively from The Arc of New Mexico. This partnership provides annual unrestricted funds to The Arc of New Mexico and supports our efforts on behalf of individuals with developmental disabilities and their families.



WE NEED:
GENTLY USED CLOTHING, Shoes, Jewelry, Books, Household Items, Small Appliances, Collectibles & Furniture.
Have a Question?
Call: 1-505-765-1975

Thank You for Recycling.